

Lunch Menu

Week 1



w/c: 01/09, 22/09, 13/10,

MONDAY

Mediterranean Chicken
Served with Khobez Bread & Roasted Vegetables

TUESDAY

Homemade Margherita Pizza
Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY


Roast Gammon
Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Lamb Jollof Rice
Served with a Crunchy Slaw

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

 **Vegetable Tagine**
Served with Khobez Bread & Roasted Vegetables

Homemade Pizza al a Pesto
Served with Baked Potato Wedges and Coleslaw or Peas

Carrot & Stuffing Plait
Served with Crispy Roasties, Broccoli & Gravy

Sweet Potato & Black Bean Curry
Served with Steamed Rice & Crunchy Slaw

Roasted Vegetable Pitta Pockets
Served with Chips & Baked Beans 

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

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Apple Crumble Cake

Jelly & Fruit Slices

Carrot & Cinnamon Cookies

Fruit Salad

Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



w/c: 08/09, 29/09, 20/10,

MONDAY

Char Sui Pork
Served with Noodles & Green Cabbage

TUESDAY

Homemade Pizza Margherita
Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage & Onion Slice
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani
Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

Chow Mein Noodles
Served with Green Cabbage

Vegetable Supreme Pizza
Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer)
Served with Wholegrain Rice & Broccoli

Sweet Potato, Leek & Cheese Quiche
Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

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Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Vanilla Sprinkle Sponge

Watermelon Sticks

Chocolate Brick

Fruit Bowls

Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



w/c: 15/09, 06/10, 27/10

MONDAY

Chicken Tacos

Served with
Rainbow Rice & Sweetcorn

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked
Beans

WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,
Carrots & Sweetcorn

THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas

Eat Curious Tacos

Served with Rainbow Rice &
Sweetcorn

Homemade Cheese & Onion Rolls

Served with Wedges & Baked
Beans

Cheesy Root Veg Crumble

Served with Carrots
& Sweetcorn

Vegetable & Bean Chilli

Served with Steamed Rice &
Green Beans

Vegetable Fingers

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto



Penne Pasta with Homemade Tomato Sauce

Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Orange & Cinnamon Cake

Fruit Bowls

Vanilla Ice Cream Cup

Jelly & Fruit Slices

Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut