

SRE in Year 6

Information for Parents and Carers

Sex and Relationships Education Year 6 Programme of Study

(Cambridgeshire PSHE Scheme of Work)

Learning Objectives

- Be able to describe the main stages of how a baby is made, using some scientific vocabulary.
- Be able to describe some emotions associated with the onset of puberty and have strategies to deal with these positively.
- Understand that puberty affects people in different ways both physically and emotionally.
- Understand that the way they behave affects others and that they have some responsibility to others to make sure they are not hurt needlessly.
- Describe some characteristics of a loving trusting relationship.
- Understand some basic reasons why a couple might choose to have children.
- Show awareness of some family arrangements which are different to theirs.

Activities In Year 6

Girl Talk...Boy Talk

We revise what children already know about puberty including what physical changes happen to boys and girls as they grow older. This includes learning about personal hygiene, anatomy of the reproductive system, hormones, emotions and menstruation.

This unit is supported by watching an informative DVD.

Girls and boys are split into two groups after this to have the opportunity to ask any questions that are specific to their gender.

How Babies are Made

Children will discuss what they think makes a loving relationship and will think about why some couples may choose to have children. Children will then learn the main stages of how a baby is made. This is supported with an age-appropriate DVD which children will watch together as a class. Following this they will have the opportunity to ask any questions.

Teversham CE Primary School

Ground Rules

As part of our ground rules we promote a classroom environment where we always listen to others and respect what other people have to say.

We are sensitive of others and never make fun of anybody. We do not discuss what we have learnt with anybody younger than ourselves.

We understand that not all of our questions will be able to be answered just yet.

We give the children the opportunity to ask thoughtful questions in a calm and controlled setting.

Children need the opportunity to talk.

It is important that children feel able to come home and ask any further questions with trusted adults, family and friends without feeling embarrassed. Please do encourage your children to discuss any of questions they may have about these topics at home to ensure that they receive accurate information.

We support children in understanding the need to talk to a trusted family member or adult that cares for them if they have any concerns or worries.



If you have any questions, please contact your class teacher or Mrs Simpkin Smith and we will be more than happy to answer any questions that you might have.