

SRE in Year 1 Information for Parents and Carers

Sex and Relationships Education Year 1 Programme of Study (Cambridgeshire PSHE Scheme of Work)

The objectives we cover are:

- To recognise the main external body parts of humans, including agreed names for sexual parts. The names a Doctor might use eg. penis and vagina.
- To describe what their bodies can do.
- To understand they have responsibility for their bodies actions and that their body belongs to them.
- To appreciate how amazing their body is.
- To know how to keep themselves clean.
- To understand the importance of basic hygiene practises.
- To understand what they have learned and be able to share it with others.

Keeping Safe

We support the children in understanding the need to talk to a trusted family member or adult that cares for them if they have any concerns or worries.

Children need the opportunity to talk.

Circle Time in Year 1

Our Circle Time Ethos and Rules

We promote a classroom environment where we 'always listen to others' and 'respect what other people have to say'.

In Year 1 we have circle times where we give the children the opportunity to talk through their knowledge and understanding of a range of topics. We also introduce topics for discussion that will support your child in gaining a knowledge and understanding of their development. Talking with our friends, family and trusted adults helps gain an understanding of our world and place in it.



Teversham CE Primary School

Accurate Names for Body Parts

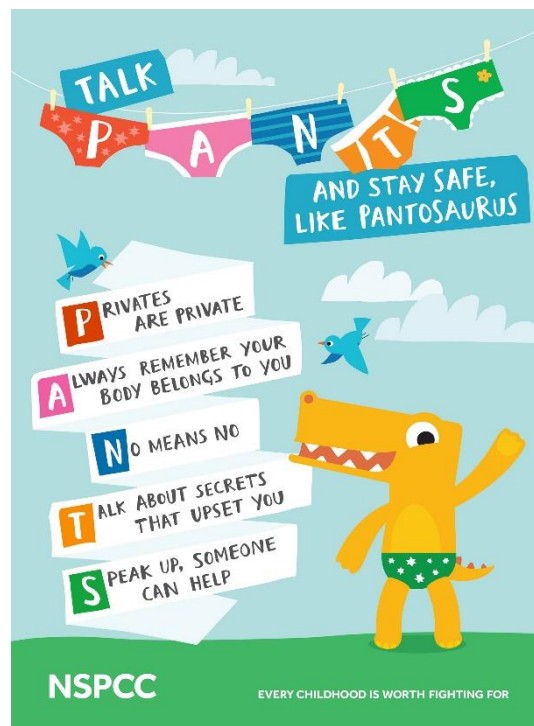
“Early and accurate naming of body parts is vital. If children have not been equipped with the words for the parts of their bodies and have picked up the message that adults don’t talk about them either, how can they be expected to describe them to an adult if they need to? This has serious implications for child protection”.

Cambridgeshire PSHE Service

NSPCC Pantosaurus

In year 1 at Teversham we support our children in understanding about how to keep safe with their private parts and how they must talk to a trusted adult if they are unsure at any time. Please look at the NSPCC website for guidance for Parents and Carers.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



If you have any questions, please contact your class teacher or Mrs Simpkin Smith and we will be more than happy to answer any questions that you might have.